

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Sausage /Quorn Mash Beans	Meat & Potato Pie Veg of the day Gravy	Chicken Shawarma Wrap Salad Chips	Roast Dinner Mashed Potato Veg of the day Gravy	Beefburger Chips Mushy peas Beans
Vegetarian	Cheese Pastie Mash Beans	Sweet Chilli Vegetable stir fry with noodles	Veggie Burger Salad Chips	Quiche Veg of the day	Fish Chips Mushy peas Beans
Grab & go.	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Curry Pot Jacket Potato & Assorted fillings Filled Panini	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Curry Pot Jacket Potato & Assorted fillings Filled Panini	Pasta Pot Jacket Potato & Assorted fillings
Sandwich	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps
Desserts	Assorted Home-bakes & Cakes	Assorted Home-bakes & Cakes	Assorted Home-bakes & Cakes	Assorted Home-bakes & Cakes	Assorted Home-bakes & Cakes

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Peri Peri Savoury Rice Naan Bread	Lasagne Garlic Bread Sweetcorn Side Salad	Chicken Burger Herby diced potatoes Veg of the day	Meat Meatballs in tomato sauce Pasta Garlic bread	Southern Fried Chicken wraps Chips Salad
Vegetarian	Pizzini	Cheese Whirl Baked Beans	Vegetable Burger Herby Diced Potato Veg of the day	Macaroni Cheese Garlic bread Salad	Quorn Nuggets Chips Mushy peas Beans
Grab & go.	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Curry Pot Jacket Potato & Assorted fillings Filled Panini	Pasta King Jacket Potato & Assorted fillings Filled Panini	Curry Pot Jacket Potato & Assorted fillings Filled Panini	Pasta King Jacket Potato & Assorted fillings
Sandwich	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps
Desserts	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes



SMITHILLS SCHOOL
SUCCESS FOR ALL

3 WEEK MENU





INDEPENDENCE COMMUNITY EXCELLENCE

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Minty Chicken Kebabs Flatbread Savoury Rice Salad	BBQ Hunters Chicken Wedges Veg of the day	Chicken Tikka Curry Rice Naan bread Veg of the day	Tugo Pizza Curly Fries	Chicken/Vegetable Samosa Chips Beans
Vegetarian	Vegetable Pasta Bake Salad Garlic bread	Vegetarian Sausage roll Wedges Veg of the day	Vegetable Curry Rice Naan bread	Quorn Cottage Pie Veg of the day	Fish/Steak Pudding Chips Mushy peas Beans
Grab & go.	Curry Pot Jacket Potato & Assorted fillings Filled Panini	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Pasta Pot Jacket Potato & Assorted fillings Filled Panini	Curry Pot Jacket Potato & Assorted fillings
Sandwich	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps	Selected fresh Sandwiches, and Wraps
Desserts	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes	Assorted home-bakes & cakes