Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Sausage With mashed potato and baked beans	Traditional Meat & Potato Pie With Seasonal Vegetables & Gravy	Southern Fried Chicken Wrap With mixed salad & Herby diced potatoes	Sweet Chilli Chicken With Vegetable stir fry & Noodles	Fish & Chip Fry-yay! With chips, mushy peas, or beans
Vegetarian	Quorn Sausage With mashed potato and baked beans	Cheese & Onion Pastie With mashed potato and baked beans	Vegetable Burger With mixed salad & Chipped potatoes	Vegetable Sweet Chilli With noodles	Vegan Sausage Roll With chips, mushy peas, or beans
Grab & Go	Pasta Pot Jacket Potato. Paninis Assorted fillings	Pasta Pot Jacket Potato. Paninis	Pasta Pot Jacket Potato.  Assorted fillings	Pasta Pot Jacket Potato. Paninis	Pasta Pot Jacket Potato.
Sandwich	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps
Dessert	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Katsu/ Rogan Josh Curry With steamed rice and Naan bread	Lasagne With garlic bread, sweetcom or mixed salad	Spicy Chicken Burger With seasonal vegetables and curly fries	Spaghetti Bolognese With garlic bread & seasonal vegetables	Fish Fingers  With chips, mushy peas, or beans
Vegetarian	Cheese & Tomato Calzone Pizza With mixed salad & Slaw	Veg Lasagne With garlic bread, sweetcom or mixed salad	Vegetable Burger With seasonal vegetables and curly fries	Macaroni Cheese With garlic bread & mixed salad	Veg Samosa With chips & yoghurt or sweet chilli dips
Grab & Go	Pasta Pot Jacket Potato. Paninis Assorted fillings	Pasta Pot Jacket Potato. Paninis Assorted fillings	Pasta Pot Jacket Potato. Assorted fillings	Pasta Pot Jacket Potato. Pizzini Assorted fillings	Pasta Pot Jacket Potato.  Assorted fillings
Sandwich	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps
Dessert	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Meat Kebabs  Served on a flatbread with mixed salad & coleslaw	BBQ Hunters Chicken With seasonal vegetables and potato wedges	Today's choice of Chicken Curry With steamed rice and Naan bread	Cottage Pie With seasonal vegetables	Fish or Steak Pudding With chips, mushy peas, or beans
Vegetarian	Vegetable Pasta Bake With garlic bread & mixed salad	Quiche  With seasonal vegetables and potato wedges	Vegetable Biriyani With Naan bread	Tex-Mex Quorn Meatballs With rice or Nachos, Mixed Salad	Vegetable Spring Roll With chips & seasons vegetables
Grab & Go	Pasta Pot Jacket Potato. Pizzini Assorted fillings	Pasta Pot Jacket Potato.	Pasta Pot Jacket Potato. Paninis Assorted fillings	Pasta Pot Jacket Potato. Paninis Assorted fillings	Pasta Pot Jacket Potato.
Sandwich	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps	Selected fresh Sandwiches, Baguettes and Wraps
Dessert	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit	Home-bakes & Biscuits Fresh Fruit