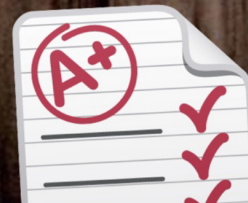
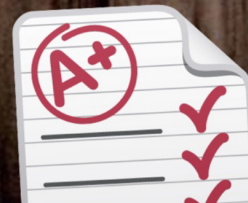
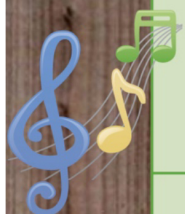


Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1 £2.00 MD: £2.65	Chicken Sausage <i>mashed potato, vegetables or baked beans</i>	Chicken Shawarma Flatbread <i>with hand cut wedges, salad, sauces</i>	Southern Fried Chicken Wrap <i>with hand cut herbed potatoes, Salad, sauces</i>	Classic Meat & Potato Pie <i>with seasonal vegetables & gravy</i>	Fish & Chip Fry-yay! <i>with chips, mushy peas, or beans</i>
Main 2 £2.00 MD: £2.65	Plant-based Sausage <i>mashed potato, vegetables or baked beans</i>	Cheese Pasty <i>With hand cut wedges, vegetable or baked beans</i>	Onion Bhaji Burger <i>with hand cut herbed potatoes, Salad, sauces</i>	Gujrati Bean Curry <i>with steamed rice & naan bread</i>	Vegan Sausage Roll <i>with chips, mushy peas, or beans</i>
Hand-Held Pots: £2.00 Jacket 1 Fill: £1.75 Handheld: £2.10	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Hot topped Nachos <i>– assorted toppings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Pizzini - assorted <i>fillings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Paninis - assorted <i>fillings</i>	Pasta / Curry Pot – <i>Daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Paninis - Assorted <i>Fillings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Hot Baguette - <i>assorted fillings</i>
Cold Deli From: £1.65 - £2.10 Salad pots: £2.00	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots
Additions Fruit 40p – 75p Yogurt pot: 75p Home-bakes: 80 -90p	Fresh Fruit selection Yogurt pots home-baked sweet treats	Fresh Fruit selection Yogurt pots home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruity Friday Fresh Fruit selection Yogurt pots



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1 £2.00 MD: £2.65	Curry of the Day – ask about today's choice <i>with steamed rice and naan bread</i>	Chicken Amatriciana – Spicy Italian tomato <i>with salad and garlic bread</i>	Spicy Chicken Burger <i>With curly fries, salad and sauces</i>	Baked Beef Lasagne <i>with garlic bread and salad</i>	Fishfinger Fry-yay! <i>With chips, mushy peas, or beans</i>
Main 2 £2.00 MD: £2.65	Chilli-non-Carne <i>with steamed rice and naan bread</i>	Cheese & Tomato Pasta bake <i>with garlic slice</i>	Spicy Bean Burger <i>With curly fries, salad and sauces</i>	Macc 'n' Cheese <i>with garlic bread and salad</i>	Vegetable Samosa <i>with chips and dips</i>
Hand-Held Pots: £2.00 Jacket 1 fill: £1.75 Handheld: £2.10	Pasta / Curry Pot – <i>Daily choice of sauces</i> Jacket potato - <i>assorted toppings</i> Paninis - <i>assorted fillings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Hot topped Nachos – <i>assorted toppings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Pizzini - <i>assorted fillings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Paninis - <i>assorted fillings</i>	Pasta / Curry Pot – <i>daily choice of sauces</i> Jacket Potato - <i>assorted toppings</i> Hot Barm - <i>assorted fillings</i>
Cold Deli From: £1.65 - £2.10 Salad pots: £2.00	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots
Additions Fruit 40p – 75p Yogurt pot: 75p Home-bakes: 80 -90p	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruity Friday Fresh Fruit selection Yogurt pots



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1 £2.00 MD: £2.65	Meat Kebabs <i>with flatbread, salad, coleslaw and sauces</i>	Chicken Pie <i>with roasted new potatoes, seasonal vegetables</i>	Chicken Curry <i>with steamed rice and naan bread</i>	Spicy Chicken Pitta <i>with hand cut wedges salad and sauces</i>	Fish & Chips Fry-yay! <i>with chips, mushy peas, or beans</i>
Main 2 £2.00 MD: £2.65	Protein Boost Tomato Pasta Bake <i>with garlic bread</i>	Cheese Pie <i>with roasted new potatoes, seasonal vegetables</i>	Plant Based Biriani <i>with naan bread</i>	Tex-Mex Plant Based Meatballs <i>with hand cut wedges salad and sauces</i>	Vegetable Spring Roll <i>with chips and salad</i>
Hand-Held Pots: £2.00 Jacket 1 Fill: £1.75 Handheld: £2.10	Pasta / Curry Pot – daily choice of sauces Jacket Potato - assorted toppings Paninis - assorted fillings	Pasta / Curry Pot – daily choice of sauces Jacket Potato - assorted toppings Paninis - assorted fillings	Pasta / Curry Pot – daily choice of sauces Jacket Potato - assorted toppings Pizzini - assorted fillings	Pasta / Curry Pot – daily choice of sauces Jacket Potato - assorted toppings Paninis - assorted fillings	Pasta / Curry Pot – daily choice of sauces Jacket Potato - assorted toppings Hot Barm - assorted fillings
Cold Deli From: £1.65 - £2.10 Salad pots: £2.00	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots	Daily Changing Selection of Sandwiches, Baguettes or Wraps. Salad Pots, Deli Pots
Additions Fruit 40p – 75p Yogurt pot: 75p Home-bakes: 80 -90p	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruit selection Yogurt pots Home-baked sweet treats	Fresh Fruity Friday Fresh Fruit selection Yogurt pots